Ben Long

Call: 2000

E	clerks@dekachambers.com
T	+44 (0)20 7832 0500

Ben Long accepts instructions across Chambers' core practice areas, representing both claimants and defendants in a broad range of civil litigation. He has developed a practice with a particular emphasis on personal injury, insurance disputes, fraud, credit hire, and costs.

Ben is an experienced advocate with a busy court practice, regularly appearing in the County Court at trials, fast track and multi-track hearings, as well as interim applications, case management conferences (CMCs), costs and case management conferences (CCMCs), and disposal hearings. He is known for his thorough preparation, pragmatic approach and effective advocacy, with a focus on identifying the key issues in dispute and achieving practical, commercially sensible outcomes for clients.

Alongside his advocacy practice, Ben maintains a substantial paperwork practice. He is regularly instructed to advise on liability, causation, quantum and litigation strategy, and drafts pleadings, statements of case, applications, schedules of loss, counter-schedules and written advices across his areas of expertise. He is accustomed to working on matters from their earliest stages through to trial, providing clear, practical advice throughout the life of a claim.

Ben acts for insurers, businesses and private individuals, and has experience handling matters involving allegations of fraud and fundamental dishonesty, road traffic accidents, employers' liability, public liability, occupiers' liability, credit hire and higher-value personal injury claims. He is equally comfortable acting for claimants and defendants and understands the differing commercial and strategic considerations that arise on each side of litigation.

Before coming to the Bar, Ben worked in the city for Citibank UK at their London Bridge office and gained valuable legal experience working closely with solicitors, as in-house counsel, on civil litigation matters. This background has given him a strong appreciation of the practical demands faced by those instructing counsel and enables him to work collaboratively with solicitors to achieve efficient and cost-effective outcomes for clients.

Ben welcomes instructions for both advocacy and advisory work and is available to accept instructions across his practice areas.

Away from Chambers, Ben enjoys Rowing, is an active member of his local club and still competes at Masters events.

Deka Chambers
5 Norwich Street
London
EC4A 1DR

T: +44 (0)20 7832 0500
E: clerks@dekachambers.com
DX: LDE 439

Areas of Expertise

Personal Injury

Ben's personal injury practice involves public, employer's and road traffic liability. He acts for both claimants and defendants in relation to accidents which have led to physical or psychological injuries. He has a lot of experience at dealing with cases where there are allegations of fraud or fundamental dishonesty particularly in respect of claims arising out of road traffic accidents.

Ben undertakes all forms of representation including advisory work, drafting and advocacy. He regularly appears in the County Courts and High Court. Ben has sound judgment and is often brought in early on in cases to help devise strategies going forward.

Inquests & Inquiries

Ben is experienced at representing clients at inquests, and is familiar with the law and process of the inquest system. He is often a source of confidence and comfort to clients who find the process daunting. He is empathetic and able to appreciate the human element of these cases, in addition to the law.

Insurance / Credit Hire

Ben is also very experienced at dealing with credit hire cases. He has experience of arguing all aspects of these cases, including the crucial question of whether the claimant was truly impecunious. He is also experienced at dealing with issues such as the rate and period of the hire required, the costs of recovery and storage of the damaged vehicle, and proportionality. Ben is very knowledgeable about the law in credit hire cases. He is a good choice of Counsel for more difficult cases – where the facts are finely balanced, or the witnesses require very careful cross examination.

Memberships

- Personal Injury Bar Association

Deka Chambers
5 Norwich Street
London
EC4A 1DR

T: +44 (0)20 7832 0500
E: clerks@dekachambers.com
DX: LDE 439